



Help for Moms

Diocese of Albany



General Resources

► [Find a Crisis Pregnancy Center](#)

Website: <https://resources.care-net.org/find-a-pregnancy-center/#lp-pom-block-120>

► [Walking with Moms](#)

Website: <https://www.walkingwithmoms.com/>

Catholic Charities & Diocesan Support

► [CC – Get Help](#)

Locations: Albany, Columbia, Delaware, Fulton, Greene, Herkimer, Montgomery, Ostego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren & Washington Counties

Phone: [\(518\) 453-6650](tel:(518)453-6650)

Website: <https://www.ccrda.org/get-help/>

► [CC Community Maternity Services](#)

Location: [27 N. Main Ave. Albany, NY 12203](#)

Phone: [\(518\) 482-8836](tel:(518)482-8836)

Website: <https://cccms.org/>

Notes: Provides care for pregnant and parenting adolescents and their families; group residence and family care for children; prevention services and supports for families at risk, as well as daycare services, adoption services, foster care services and respite services.

► [Consultation Center](#)

Location: [790 Lancaster St. Albany, NY 12203](#)

Phone: [\(518\) 489-4431](tel:(518)489-4431)

Website: <https://www.rcda.org/offices/consultation-center>

Notes: Offers individual and couples counseling, a variety of personal growth groups, spiritual direction, and lectures and workshops in the area of mental health and personal growth.

► [Post-Abortion Care](#)

Services: Post-Abortion Care

Confidential Helpline: [\(518\) 312-3825](tel:(518)312-3825)

Email: rachelp@rcda.org

Website: <https://www.rcda.org/life/post-abortion-care>

Capital Region

► [Gianna of Albany](#)

Location: [242 South Central Ave. Mechanicville, NY 12118](#)

Phone: [\(518\) 779-5225](tel:(518)779-5225)

Website: <https://www.giannaofalbany.com/>

► [St. Peter's Hospital – Women's Health](#)

Locations: Albany & Rensselaer Counties

Phone: [\(877\) 525-2227](tel:(877)525-2227)

Website: <https://www.sphp.com/find-a-service-or-specialty/womens-health>

► [Alpha Pregnancy Care Center](#)

Albany Location: [518 Clinton Ave. Albany, NY 12206](#)

Phone: [\(518\) 462-2188](tel:(518)462-2188)

Website: <https://alphacare.org/locations/#albany>

Amsterdam Location: [1050 Riverfront Ctr.](#)

[Amsterdam, NY 12010](#)

Phone: [\(518\) 842-5025](tel:(518)842-5025)

Website: <https://alphacare.org/locations/#amsterdam>

Cohoes Location: [159B Remsen St. Cohoes, NY 12047](#)

Phone: [\(518\) 279-7673](tel:(518)279-7673)

Website: <https://alphacare.org/locations/#cohoes>

Schenectady Location: [967 Albany St.](#)

[Schenectady, NY 12307](#)

Phone: [\(518\) 688-2677](tel:(518)688-2677)

Website: <https://alphacare.org/locations/#schenectady>

Hudson Valley

- ▶ **Alight Center, Inc. (HB Medical) – different leadership/organization than the Alight Center in Troy, NY**

Location: 199 Fairview Ave. Hudson, NY 12534

Phone: (518) 822-9008

Website: <https://alightpc.org/>

Neighboring States

- ▶ **New Direction Women's Center**

Location: 25 First St. Pittsfield, MA 01267

Phone: (413) 475-0616

Website: <http://newdirectionpc.org/>

- ▶ **True North Pregnancy Resource Center**

Location: 128 North St. Bennington, VT 05201

Phone: (802) 442-2002

Website: <https://truenorthprc.com/>