



Help for Moms

Diocese of Albany



General Resources

- ▶ **[Find a Crisis Pregnancy Center](#)**
Website: <https://resources.care-net.org/find-a-pregnancy-center/#lp-pom-block-120>
- ▶ **[Walking with Moms](#)**
Website: <https://www.walkingwithmoms.com/>

Catholic Charities & Diocesan Support

- ▶ **[CC – Get Help](#)**
Locations: Albany, Columbia, Delaware, Fulton, Greene, Herkimer, Montgomery, Ostego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren & Washington Counties
Phone: (518) 453-6650
Website: <https://www.ccrda.org/get-help/>
- ▶ **[CC Community Maternity Services](#)**
Location: 27 N. Main Ave. Albany, NY 12203
Phone: (518) 482-8836
Website: <https://ccms.org/>
Notes: Provides care for pregnant and parenting adolescents and their families; group residence and family care for children; prevention services and supports for families at risk, as well as daycare services, adoption services, foster care services and respite services.
- ▶ **[Consultation Center](#)**
Location: 790 Lancaster St. Albany, NY 12203
Phone: (518) 489-4431
Website: <https://www.rcda.org/offices/consultation-center>
Notes: Offers individual and couples counseling, a variety of personal growth groups, spiritual direction, and lectures and workshops in the area of mental health and personal growth.

- ▶ **[Post-Abortion Care](#)**
Services: Post-Abortion Care
Confidential Helpline: (518) 312-3825
Email: rachelp@rcda.org
Website: <https://www.rcda.org/life/post-abortion-care>

Capital Region

- ▶ **[Gianna of Albany](#)**
Location: 242 South Central Ave. Mechanicville, NY 12118
Phone: (518) 779-5225
Website: <https://www.giannaofalbany.com/>
- ▶ **[St. Peter's Hospital – Women's Health](#)**
Locations: Albany & Rensselaer Counties
Phone: (877) 525-2227
Website: <https://www.sphp.com/find-a-service-or-specialty/womens-health>
- ▶ **[Alpha Pregnancy Care Center](#)**
Albany Location: 518 Clinton Ave. Albany, NY 12206
Phone: (518) 462-2188
Website: <https://alphacare.org/locations/#albany>

Amsterdam Location: 1050 Riverfront Ctr. Amsterdam, NY 12010
Phone: (518) 842-5025
Website: <https://alphacare.org/locations/#amsterdam>

Cohoes Location: 159B Remsen St. Cohoes, NY 12047
Phone: (518) 279-7673
Website: <https://alphacare.org/locations/#cohoes>

Schenectady Location: 967 Albany St. Schenectady, NY 12307
Phone: (518) 688-2677
Website: <https://alphacare.org/locations/#schenectady>

Hudson Valley

▶ **Alight Center, Inc. (HB Medical) – different leadership/organization than the Alight Center in Troy, NY**

Location: [199 Fairview Ave. Hudson, NY 12534](#)

Phone: [\(518\) 822-9008](tel:(518)822-9008)

Website: <https://alightpc.org/>

Neighboring States

▶ **New Direction Women's Center**

Location: [25 First St. Pittsfield, MA 01267](#)

Phone: [\(413\) 475-0616](tel:(413)475-0616)

Website: <http://newdirectionpc.org/>

▶ **True North Pregnancy Resource Center**

Location: [128 North St. Bennington, VT 05201](#)

Phone: [\(802\) 442-2002](tel:(802)442-2002)

Website: <https://truenorthprc.com/>